

“In Between”

“Burdens”

Galatians 6:2-5

² Carry each other's burdens, and in this way you will fulfill the law of Christ. ³ If anyone thinks they are something when they are not, they deceive themselves. ⁴ Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, ⁵ for each one should carry their own load.

The Godly Way To Handle Burdens:

1. Share Them

Galatians 5:14

“The entire law is summed up in a single command: ‘Love your neighbor as yourself.’”

Proverbs 18:14

The human spirit can endure in sickness,
but a crushed spirit who can bear?

2. Shoulder Them

Galatians 6:5

⁵ for each one should carry their own load.

Galatians 6:5 (The Message)

“Each of you must take responsibility for doing the creative best you can with your own life.”

3. Shed them

Matthew 11:28

“Come to me, all you who are weary and burdened, and I will give you rest.”

Psalms 55:22

Cast your cares on the Lord and he will sustain you;
he will never let the righteous be shaken.

1 Peter 5:7

“Cast **all your anxiety** on Him, for He cares for you.”

Isaiah 53:4-6

“Surely he took up our infirmities and carried our sorrows...he was pierced for our transgressions, he was crushed for our iniquities; **the punishment that brought us peace was upon him, and by his wounds we are healed**...The Lord has laid on him the iniquity of us all.”

Matthew 11:28

"Come to me, all you who are weary and burdened, **and I will give you rest.**